



## **SAMPLE**

# **Summer Course Programme**

**SUNDAY****Day 1**

Arrivals and meeting hosts

**MONDAY****Day 2**

09.30 - 13.00 Lessons

13.00 - 14.30 Lunch break. Students can go to the shopping centre, which is one minute's walk from the school, but most of them stay in the school with their friends, eating their packed lunches, playing board games or doing homework.

14.00 - 17.30 Information Talk and activities

17.30 - 19.30 Evening meal break in host families

19.30 - 21.00 Sports activities

**TUESDAY****Day 3**

09.30 - 13.00 Lessons

14.30 - 17.30 Walking Tour of Hastings and Smugglers' Caves

19.00 - 21.00 Barbecue

**WEDNESDAY****Day 4**

09.30 - 13.00 Lessons

14.30 - 17.30 Excursion to Eastbourne

19.30 - 21.00 Sports activities

**THURSDAY****Day 5**

09.30 - 13.00 Lessons

14.30 - 17.30 Sports: beach volleyball

19.30 - 21.30 East Hill walk

**FRIDAY****Day 6**

09.30 - 13.00 Lessons

14.00 - 17.30 Swimming Pool or Beach

19.30 - 21.00 Pre-excursion information

**SATURDAY****Day 7**

08.00 - 20.00(approx) Excursion to London

**SUNDAY****Day 8**

11.00 - 19.00(approx) Excursion to Brighton. Those who wish to go to church can do so with Fiona before the excursion.



**MONDAY**

**Day 9**

09.30 - 13.00 Lessons  
14.00 - 17.30 Beach or Sports: tennis  
19.30 - 21.30 Evening of national legends/fairy tales

**TUESDAY**

**Day 10**

09.30 - 13.00 Lessons  
14.00 - 17.30 Sports: rounders and cricket  
19.30 - 21.30 Snooker/ billiards

**WEDNESDAY**

**Day 11**

09.30 - 13.00 Lessons  
14.00 - 17.30 Excursion to Rye  
19.30 - 21.00 Sports: mini-golf

**THURSDAY**

**Day 12**

09.30 - 13.00 Lessons  
14.00 - 17.30 Beach or Sports: football match  
19.30 - 21.00 Badminton

**FRIDAY**

**Day 13**

09.30 - 13.00 Lessons  
14.00 - 17.30 Swimming Pool  
19.30 - 21.00 Pre-excursion information

**SATURDAY**

**Day 14**

09.00 - 19.00(approx) Excursion to Canterbury including Canterbury Cathedral.

**SUNDAY**

**Day 15**

11.00 - 18.00(approx) Excursion to South Downs and Beachy Head. Those who wish to go to church can do so with Fiona before the excursion.

**MONDAY**

**Day 16**

09.30 - 13.00 Lessons  
14.00 - 17.30 Sports: basketball match  
19.30 - 21.30 Table tennis

**TUESDAY**

**Day 17**

09.30 - 13.00 Lessons  
13.40 - 15.30 Visit to Hastings Museum and Art Gallery  
19.30 - 21.30 Language games



**WEDNESDAY**

**Day 18**

09.30 - 13.00 Lessons

14.00 - 17.30 Excursion to Battle (site of Battle of Hastings)

19.30 - 21.30 Evening of folk songs

**THURSDAY**

**Day 19**

09.30 - 13.00 Lessons

14.00 - 17.30 Blue Reef Aquarium

19.30 - 21.30 General Knowledge Quiz

**FRIDAY**

**Day 20**

09.30 - 13.00 Lessons

14.00 - 17.30 Swimming Pool or Beach

19.30 - 21.30 Alexandra Park

**SATURDAY**

**Day 21**

**DEPARTURE DAY**